

# BENEFITS OF CREATING LEADERSHIP OPPORTUNITIES FOR YOUTH



Many community benefits derive from offering youth the opportunity to take on leadership roles while developing programs to improve community conditions. Taking on leadership roles has impacts on lifestyle choices and personal actions. Parents, caregivers, educators, and community leaders are invited to promote such opportunities utilizing an anti-oppressive approach.

## THE BENEFITS...

### Decreases youth deviant behaviours

Leading community projects increases the sense of belonging, embraces identity, and builds strong connections with others. Those elements minimize youth involvement in deviant behaviors.



### Promotes mental health

Trusting youth's abilities and potential, promoting identity development, and creating a judgment-free environment decrease the incidents of depression and anxiety.

### Fulfils communal needs

Youth gets the opportunity to utilize the knowledge they have about their community to propose, develop, and implement programs. The programs can be organized by youth but benefit a different group in the community.



### Impact on Global issues

Youth can become active advocates and changing agents about global issues. They can include environmental protection, sustainability, and oppression among others. Such practice has positive impacts on their overall development.

